



A Spotlight on Conscious Leadership: A Modern Approach to Workplace Culture

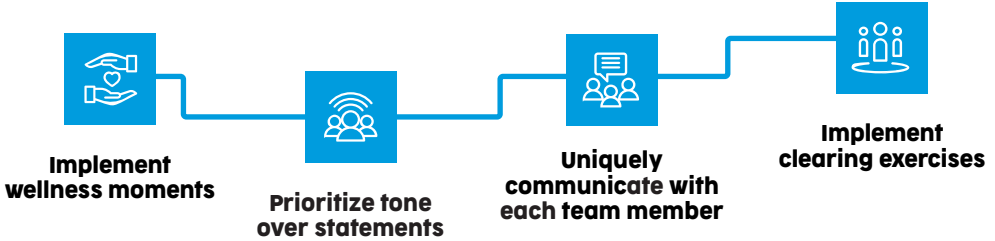


Leaders who focus on personal development are **86%** more likely to reach their professional goals.



of cross-industry, U.S. employees are looking for managers who prioritize empathy and team support.

Conscious Forward Leadership Practices



How? Lessons for Practicing Conscious Leadership Skills



Seek guidance



Prioritize gleaning insights on Conscious Leadership from reading, listening, trusted resources, and leaders who practice intention-driven workplace culture. Seek out professional networks that center empathy and emotional health.

Cultivate self-awareness



Understanding your own communication triggers, weaknesses, and tendencies is the first step toward effective leadership by becoming aware of areas for improvement.

Learn who your team members are



Conscious Leadership recognizes and respects the unique attributes each individual brings to the team.

Embrace mistakes




Celebrate mistakes along the way as milestones; share your journey with your team and respond with transparency.

Allow time



Be patient with the process, and commit to small, consistent efforts.



Since making the **Best Place to Work** list in 2016, Hilton has received over **560** awards for excellent workplace culture.

Hilton Team Members highlighted impactful elements of Conscious Leadership at work:

1
Growth and clarity

2
Support and empathy

3
Team dynamics